



TERM 4 WEEKS 3 AND 4

24 October – 4 November 2022

Important Dates – Term 4 2022

W3	Tuesday 25 October	School Council Meeting 6pm, via Zoom
W4	Friday 4 November	HSC 2022 – exams conclude
W5	Tuesday 8 November	Year 12 2022 Sign Out Day #1
W5	Thursday 10 November	Year 12 2022 Sign Out Day #2
W6	Thursday 17 November	Year 12 2022 School Formal
W7	Tuesday 22 November	School Council Meeting 6pm, via Zoom
W8	Monday 28 November	School Presentation Day 2022
W10	Monday 12 December	Confirmation Day for Year 11 2023
W10	Friday 16 December	Final day of classes for students

Principal's Report

The Higher School Certificate examinations are continuing and these appear to be going as smoothly as possible. On Friday we welcomed back onsite Year 12 2023 after a short period of remote learning to help facilitate these examinations, and feedback from class teachers during this period has been very positive.

On October 14 I wrote to families to provide an update regarding the easing of isolation requirements for COVID-19. A quick summary of that correspondence appears below:

On 30 September, National Cabinet announced that from Friday 14 October 2022, people who test positive to COVID-19 do not need to isolate. In line with this announcement, the NSW Department of Education have worked with NSW Health to support all schools to adapt to this change while continuing to prioritise student and staff wellbeing by minimising the risk of COVID-19 transmissions.

As a result of this discussion, the

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*Department of Education requires that **students and staff should continue to stay home when sick**. It is expected that when isolation requirements end on Friday 14 October, those currently in isolation will be advised by NSW Health that they may exit isolation.*

Students, staff and visitors should only attend school when they are symptom free. We will continue to send home students or staff displaying symptoms.

As students start to conclude their Higher School Certificate examinations, we look towards running the processes connected to students in Year 12 2022 signing out of St Marys Senior High School. Sign out day takes place over two days, Tuesday 8 November and Thursday 10 November. Students are asked to return their textbooks before the sign out day as well as completing their exit survey via the Google Form link that has been emailed to them. This should allow for the process to run as efficiently as possible.

Year 11, or should I say Year 12 2023, are now well into their Higher School Certificate courses. It will only be a couple of weeks and the first of our classes will complete their first assessment task of the Higher School Certificate course. It is vital that students ensure they are well organised to support their studies over the next twelve months. This includes using the planners that are available in the Learning Centre as well as setting up a space to study at home and a focus on maintaining their wellbeing: sleep, exercise, healthy eating and social support.

Our enrolment evenings for Year 11 2023 took place on Wednesday and Thursday evenings of Week 1 this term. These were long evenings and I thank our staff for their time on these evenings. The small group approach allows us to personalise the experience as much as possible for our incoming students and their families. We had a great turn out and we look forward to working with our new students in 2023. A reminder to our incoming students that you are required to attend Confirmation Day on Monday 12 December. If you are unable to attend, please contact Sue Brown (our Enrolment Secretary) in our front office on 02-9623-8333.

Following the completion of the Higher School Certificate, contractors will return to our site to complete the new COLA that is being built over the basketball courts. I need to advise our community that the contractors will be installing cameras during the construction phase due to the hired construction fencing being stolen over a weekend. The purpose of the CCTV surveillance is to deter unlawful activity, especially during times when no one is onsite. The footage will only be used to investigate any allegation or reasonable suspicion of unlawful activity on school premises and if needed, taking action in relation to criminal activity. In such a circumstance, the CCTV footage will be taken by the contractor, Laser Building Services and disclosed to NSW Police. Any individual whose personal information is included in any CCTV footage recorded at the



school may apply for access to that footage through Laser Building Services. The school's Business Manager can provide these details to members of the school community.

Thank you again to everyone for their ongoing support.

Sally Smithard

Principal

Not feeling well?



Students:

- Be sure to stay at home - and focus on feeling better!
- Your parents and carers can contact the school to explain your absence.
- If you have an assessment task to do at school, be sure to fill out your illness and misadventure application on the Google Form - and send through your supporting evidence.



St Marys Senior High School + CanTeen
PRESENTS

BANDANNA DAY

ON **FRIDAY 28TH OF OCTOBER**
HELP SPREAD AWARENESS TO SUPPORT TEENAGERS
WITH CANCER BY WEARING A BANDANNA!



Buy a \$5
bandanna
at the office

School Travel

Term 4 2022

2023 school travel applications are now open

Applications for student travel in 2023 open from **Monday 10 October 2022**.

Students who need a School Opal card or travel pass for 2023 can [apply](#) now. A new application will need to be submitted if they are applying for the first time, or if they are requesting an additional travel entitlement as a result of a new shared parental responsibility situation (e.g. joint custody).

Students who change address, school, campus location, have repeated a year or received an expiry notification from Transport for NSW for their school travel entitlement should [renew or update](#) their details before **the end of term 4**. This will ensure that schools can endorse applications, and entitlements remain valid for the start of the 2023 school year. School Opal card holders will have the changes applied to their existing card.

If a student's distance eligibility has changed based on their grade (i.e. grade two to grade three), the system will automatically update their entitlement if they meet the new criteria. If they do not meet the new [eligibility criteria](#), we will send an expiry notification via email.

Students who have an entitlement approved under a medical condition that is due to expire will receive a notification advising them to re-apply.

[Term Bus Pass](#) holders will receive a notification to re-apply.

Students in the Opal network applying for an Opal card (including a Term Bus Pass) for the first time will receive their Student Opal card at their nominated postal address. Cards will be mailed out from January 2023.

Students living in rural and regional (R&R) areas should receive their travel pass at the start of the new school year from their nominated transport operator. It may come via the school or be sent directly to them at home. **Note:** some R&R operators do not issue travel passes. Students/parents should confirm with their nominated operator if they do not receive a pass.

Travel from Term 1 2023

We ask that parents plan ahead and make sure their child knows which service/s to use and has a valid ticket to travel; either a School Opal card or Child/Youth Opal card (within Greater Sydney) or a School Travel Pass (outside Greater Sydney), from the start of the school year.

Applications for 2023 School Student Transport Scheme (SSTS) travel open at the start of Term 4 2022, so parents/students can [apply](#) or [update](#) details early and be ready for the start of the new school year.

Most students using the Opal network will not need a new Opal card and can continue travelling on their existing card each year.

The start of the year is a busy period for local transport operators, and students travelling without a valid ticket make service planning and operations difficult.

We recognise that for some families last minute changes to school enrolments mean they may not have a School Opal card or Travel Pass for the start of term. In the Opal network, we strongly encourage these families to have their children travel with a Child/Youth Opal card until they receive their valid School Opal card. If outside Greater Sydney, parents should contact their [local bus operator](#) to discuss their travel needs.

Bus operators are flexible and understanding, particularly at the start of the school year, and will ensure students can travel safely to and from school. But to best support our operators we encourage all students to have a valid ticket, as early as possible, from the start of the school year.

Students using School Opal cards are also reminded that they must tap on and tap off in line with the [Student code of conduct](#) and [Opal terms of use](#).



Further information can be found at transportnsw.info/travel-info/using-public-transport/school-travel

Enquiries can be submitted at transportnsw.info/contact-us/feedback/passes-concessions-feedback





PEER TUTORING 2023

The role of a Peer Tutor

The primary role of a Peer Tutor is to help Year 11 and Year 12 students with subjects in which they have an expertise. They could also offer to help with other subjects or organise a study group.

What makes an effective Peer Tutor?

- Confidentiality, being sensitive towards other students and patience.
- Being encouraging and positive.
- Being clear and using different strategies to explain concepts or ideas, e.g. scaffolds, summaries, mind maps or diagrams.

What are the expectations of a Peer Tutor?

- Be in the top 10% to 15% of the course for your proposed subject(s).
- Offer Peer Tutoring in the Learning Centre at least once a week.
- The supervising teacher and students you tutored must sign the attendance sheet at the end of each session.

Students who successfully complete at least twenty Peer Tutoring sessions by Term 3 Week 2 2023 will receive an award at the end of Year 12.

APPLICATION - PEER TUTOR FOR 2023

- ❖ After you have applied, the Peer Tutor Coordinator will seek a recommendation from your teacher that supports that you are currently ranked in the top 10% to 15% of students in your proposed subject, and that your work as a Peer Tutor would likely benefit both your progress and the progress of other students.

If you have any questions, see Margo in the Learning Centre as soon as possible.


Complete the Google Form application (scan the QR code below)
and submit it by **Friday 4 November 2022 (Term 4 Week 4)**.



After Hours Tutorial Program 2022 – Term 4

Our school runs a range of optional tutorials before and after school at no additional cost to students. The schedule for these tutorials is shown below. **A reminder that these tutorials are now running onsite, as Year 11 2022 / Year 12 2023 have returned to onsite learning.**

If you are interested in attending one (or more) of these, please ensure you get a permission note from the Tutorial Teacher shown. This note must be completed and returned to the Tutorial Teacher before you can attend the tutorial activity.

 SMSHS Tutorial Program Timetable Term 4 2022 ~ Weeks A & B As at 23 September 2022					
Time	Monday	Tuesday	Wednesday	Thursday	Friday
BEFORE SCHOOL 7.15 – 8.15 am					Year 12 2023 Chemistry Rosemary CTR0005
AFTER SCHOOL 3.25 – 4.25 pm		Year 12 2023 Economics Salochna AR0063	Year 12 2023 Business Studies & Legal Studies Salochna AR0063	Year 12 2023 Maths Standard Sally AR1046	
		Music Michael and Fatima VR0001 / VR0010	Drama Nicole VR1005	Tabletop Gaming Matt CTR1002 & CTR1009	
		Year 12 2023 Physics Waran ER0013	HSIE Subjects Shara , Kim, Lauren AR0062	Year 12 2023 Maths Extension 1 and 2 Reuben CTR1008	
		Society and Culture Kim and Dean AR0062	Year 12 2023 Maths Advanced Sally AR1046		
		Visual Arts Sharon L VR1006	Library Assessment Support Kerri-Anne Library and LC		

Support in the Learning Centre, Term 4 2022

During every lesson, our school has a teacher available to provide students with additional support in our Learning Centre. These staff can provide specific curriculum support in a range of subjects as well as connecting students to the Learning and Support Teachers.

If you have any questions or concerns, please pop in to see Mel (Head Teacher, Learning and Wellbeing) in the Learning Centre at your first opportunity.

Learning Centre Timetable Term 4

WEEK A					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:20 AM	Nicole Drama/English 6B	Cassandra Science 1A	Arthur Commercial 7B	Jess Commercial 4A	Jess Commercial 8A
9:32 AM	Nicole Drama/English 4A	Cassandra Science 6A	Arthur Commercial 5A	Jess Commercial 1A	Jess Commercial 2A
10:44 AM	Rotating	Carmel	Sharon Lang	Waran	Rotating
11:14 AM	Katelin PDHPE 1B	Cassandra Science 7A	Arthur Commercial 2A	Jeff TAS / Computing 2B	Jess Commercial 3A
12:26 PM	Katelin PDHPE 5B	Carmel LAST/English 3A	Arthur Commercial 8A	Jeff TAS / Computing 6A	Jess Commercial 7A
1:38 AM	Ashlee	Helen	Kim	Rosemary	Rotating
2:08 PM	Ashlee LaST/HSIE 8B	Carmel LaST/English 4B	Sharon Lang Visual Art 3B	Jess Commercial 2B	Open to 1:48 pm 8C
WEEK B					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:20 AM	Jeff TAS / Computing 4A	Carmel LaST/English 3A	Arthur Commercial 5B	Jess Commercial 2B	Jess Commercial 7A
9:32 AM	Jeff TAS / Computing 6B	Cassandra Science 7B	Arthur Commercial 2B	Shan Commercial 1B	Jess Commercial 3B
10:44 AM	Rotating	Latha	Margo	Andrew Farrugia	Rotating
11:14 AM	Jeff TAS / Computing 1B	Cassandra Science 6A	Arthur Commercial 7B	Jess Commercial 4B	Jess Commercial 2A
12:26 PM	Jeff TAS/Computing 5B	Carmel LAST/English 4B	Arthur Commercial 8A	Shan Commercial 5A	Open to 12:36 pm 8B
1:38 AM	Ashlee	Shan	Cassandra	Jess Johnson	
2:08 PM	Ashlee LaST/HSIE 8B	Carmel LaST/English 1A	Sharon Lang Visual Arts 3B	Jess Commercial 6B	
3:20 PM					8C

As @ 7/10/2022



SMSHS – SOURCES OF SUPPORT



School phone: 02 9623 8333	School email: stmaryssen-h.school@det.nsw.edu.au
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Year 12 2022 Student Adviser, Surnames A-G	Wendi Kambolli	wendi.kambolli@det.nsw.edu.au
Year 12 2022 Student Adviser, Surnames H-O		
Year 12 2022 Student Adviser, Surnames P-Z	Jesse Francis	jesse.vassallo2@det.nsw.edu.au
Year 11 2022 Student Adviser, Surnames A-G	Sharon Francis	sharon.francis@det.nsw.edu.au
Year 11 2022 Student Adviser, Surnames H-O	Sally Sheng	sally.sheng@det.nsw.edu.au
Year 11 2022 Student Adviser, Surnames P-Z	Ellen Worgan	ellen.worgan2@det.nsw.edu.au
Head Teacher, Learning and Wellbeing	Mel Jacka	melissa.jacka@det.nsw.edu.au
Learning Support Team	Margo Daly Carmel Harriden Carly McPherson	margo.daly2@det.nsw.edu.au carmel.harriden@det.nsw.edu.au carly.mcpherson@det.nsw.edu.au
School Counsellors	Tracey Axisa Ximia Han	Please text the counsellor phone on 0417228192 during school hours to organise an appointment
Student Support Officer	Surmeet Kaur	surmeet.kaur@det.nsw.edu.au
Deputy Principal Year 12 2022	Danielle Ervine	danielle.ervine@det.nsw.edu.au
Deputy Principal Year 11 2022	Leah Havord	leah.havord@det.nsw.edu.au



Term 4 Weeks 3 and 4 2022 @ SMSHS

Monday 24 Oct	Tuesday 25 Oct	Wednesday 26 Oct	Thursday 27 Oct	Friday 28 Oct
HSC 2022 – exams continue	HSC 2022 – exams continue School Council, 6pm via Zoom	HSC 2022 – exams continue	HSC 2022 – exams continue	HSC 2022 – exams continue
Monday 31 Oct	Tuesday 1 Nov	Wednesday 2 Nov	Thursday 3 Nov	Friday 4 Nov
HSC 2022 – exams continue HSC Visual Arts – Practical Examination Marking	HSC 2022 – exams continue HSC Visual Arts – Practical Examination Marking	HSC 2022 – exams continue Year 12 Retail Services – Cluster A due	HSC 2022 – exams continue	HSC 2022 – final day of exams

Our Teams

Principal:	Sally Smithard
School Council President:	Sonia Matthews
School Captains:	Jade D'Souza Joanna Simeon
School Executive:	
- Deputy Principal (Year 12)	Danielle Ervine
- Deputy Principal (Year 11)	Leah Havord
- English	Julie Robinson
- Mathematics	Simone Pett
- Science (Rel)	Andrew Mabey
- Commercial Studies	Salochna Reddy
- HSIE	Shara Walsh
- CAPA	Nicole Bonfield
- TAS / Computing	Matthew Topp
- LOTE	Luigi Serra
- PDHPE (Rel)	Joanne Brines
- Secondary Studies	Lucas Widdison
- Learning and Wellbeing	Melissa Jacka
- First Australians	Leah Havord
- Business Manager (Acting)	Rebecca Zinghini
- School Administrative Manager (Rel)	Angela Demaio
Student Advisers:	
- Year 12, Surnames A-G	Wendi Kambolli
- Year 12, Surnames H-O	
- Year 12, Surnames P-Z	Jesse Francis
- Year 11, Surnames A-G	Sharon Francis
- Year 11, Surnames H-O	Sally Sheng
- Year 11, Surnames P-Z	Ellen Worgan
Learning Support:	Margo Daly Carmel Harriden Carly McPherson
Student Support Officer:	Surmeet Kaur
Careers Adviser (Rel):	Cheryll Ruskin

Contact Us



St Marys Senior High School
Kalang Avenue
St Marys NSW 2760



02 9623 8333



stmaryssen-h.school@det.nsw.edu.au



St Marys Senior High School Official Site - Facebook



St Marys Senior High School - Skoolbag App



Tune in: experience, discover, join in and connect

**MENTAL
HEALTH
MONTH
OCTOBER**

Connection Calendar for young people

Tune In and connect to your friends, your family, your community and your mental health and wellbeing.

*Discover
what's on these
school holidays
@Share our
Space*

Click through the calendar or use the link below to explore and connect

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
26 See if your school is open through the Share our Space program	27 Come up with a motto for your family	28 Start your day with 5 mindful moments	29 Before dinner, talk about the best thing that happened today. What made it so good?	30 Use a tracking app to commit to exercising every day during October	1 Make a fun music video	2 Pick a local spot on the map and lead your family there
3 Unplug – have a device-free day	4 Phone a friend for a chat – rather than message them	5 Loan a friend something you know they would value	6 Kick a ball, drop a basket, go to the skate park with friends	7 Try box breathing, it's as easy as 1, 2, 3, 4	8 Surprise your family with a new tasty, healthy meal	9 Get ready for the start of Term 4 – pack bags, sort clothes, and have an early night
10 World Mental Health Day – Tune In to you and your mental health	11 Discover new and different ways to relax	12 Message a friend doing their HSC and wish them good luck	13 Lay quietly and listen for calming sounds. What do you hear?	14 Think about someone you admire, what values do you share with them?	15 Arrange to meet up with a friend	16 Do a 'Just Dance' challenge from Youtube
17 Discover a new app for you or a friend	18 Help out with a chore that you usually don't do	19 Sketch or photograph your favourite spot	20 Take up an old skill or hobby or try a new one	21 Create a lucky dip of favourite movie titles – for a family movie night with the lucky draw	22 Complete a journal entry each day for a week	23 Offer to help cook dinner
24 Drink more water, it's great for your body and brain	25 Watch Old People's Home for teenagers series on iview	26 Before you go to sleep – try a calming countdown	27 Master a new skill – like juggling	28 Recognise World Teachers' Day	29 Stay active	30 Grandparents' Day – if you can, call your grandparents and have a chat

31
[Reachout if you need to – don't keep any worries to yourself](#)

au.reachout.com

education.nsw.gov.au/student-wellbeing/mental-health-month

Tune in: experience, discover, join in and connect

**MENTAL
HEALTH
MONTH
OCTOBER**

Connection Calendar for families

Tune In and connect to your friends, your family, your community and your mental health and wellbeing.

*Discover
what's on these
school holidays
@Share our
Space*

Click through the calendar or use the link below to explore and connect

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
26 See if your school is open through Share our Space	27 Create a family logo	28 Start your day with 5 mindful moments	29 Before dinner, talk about the best thing that happened today. What made it so good?	30 Sign up for Black Dog one foot forward walking challenge	1 Kick off the month by creating your ultimate 'feel good' playlist	2 Explore your neighbourhood. Let your kids decide where to turn and see where you end up
3 Tech-free day. Enjoy reading, walking, cooking or playing family boardgames together	4 Give your plants some TLC	5 Donate 5 items each to charity – and think how the new owner might use them	6 Create an obstacle course with household items – and beat your best time	7 Spend 5 minutes on your own and focus on your breathing	8 Enjoy a family 'cook in' where everyone helps to cook – and clean up, and if you can, give to a good cause	9 Get ready for the start of Term 4 – pack bags, sort clothes, and have an early night
10 World Mental Health Day – Tune In to you and your mental health	11 Grab a coffee/tea or sparkling water and read a book outdoors	12 Wish a student doing their HSC good luck	13 Lay quietly and listen to the sounds of your home. What do you hear?	14 Consider volunteering in your local area, as a family	15 Phone a friend for a chat and a laugh	16 Do a 'Just Dance' challenge from Youtube with your family
17 Discover new apps	18 Do something kind for yourself	19 Ever tried origami? Today might be the day.	20 Take up an old skill or hobby or try a new one	21 Movie night. A classic you love or a new release. Don't forget the popcorn and PJs	22 Try eating something new – and fresh	23 Spring clean a spot where you like to spend time
24 Stay hydrated today. Drink your recommended water intake.	25 Watch Old People's Home for teenagers series on iView	26 Before you go to sleep – try a calming countdown	27 Share your feelings with someone you trust, and listen to them as well	28 Recognise World Teachers' Day	29 Stay active	30 Grandparents' Day, and share a family memory or photo
31 Write down any worries you have, and put them into perspective. And contact help if you need it	education.nsw.gov.au/student-wellbeing/mental-health-month					

known. valued.
cared for.

MENTAL
HEALTH
MONTH
OCTOBER

